

The Protective Effects of Ethanolic Extract of *Pleurotus ostreatus* on cigarette smoke-induced Lung Toxicity in rat

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ABSTRACT

Cigarette smoke closely related to chronic obstructive pulmonary disease (COPD). Cigarettes contain 10^{15} - 10^{17} free radicals and more than 4700 chemicals, that can cause inflammation in the lungs. This study aims to look at the protective effect of ethanolic extract of *P. ostreatus* on cigarette smoke-induced lung toxicity in rats.

This experimental used 24 rats divided into Group I (normal), group II (negative control), Group III (treatment-ethanolic extract of *P. ostreatus* 250 mg/KgBB rat/day) and Group IV (comparison-NAC 600 mg/day). Group II, III, and IV was given 1 hour/day/group of cigarette smoke exposure. The lung toxicity will be seen from the histopathological and hemolytic profile.

Histopathological injury analyzed using Annova and showed significant results ($p \leq 0,01$) and post-hock test with Bonferoni ($p \leq 0,01$) showed that the ethanolic extract of *P. ostreatus* was significantly different from the negative control. The results of the examination of leukocytes, lymphocytes, hemoglobin, and hematocrit, showed no significant results ($p = 0.14$) with the Fisher extract test.

The conclusion shows that the ethanolic extract of *P. ostreatus* can prevent lung toxicity in cigarette smoke-induced Lung Toxicity in the rat. Ethanolic extract of *P. ostreatus* has good antioxidant potential.

Keywords: Ethanolic extract, hematology, *Pleurotus ostreatus*, lung toxicity.