

DAFTAR PUSTAKA

1. Aurora RG, Sinambela A, Noviyanti CH, Ruth K., Aurora G. Artikel Pengembangan Pendidikan Keprofesian Berkelanjutan (P2KB) Peran Konseling Berkelanjutan pada Penanganan Pasien Hiperkolesterolemia. *J Indon Med Assoc.* 2012;62:193–201.
2. Fauziah F, Uthia R, Musdar M. Pengaruh Ekstrak Etanol Daun Belimbing Wuluh (*Averrhoa Bilimbi L.*) Terhadap Kadar Kolesterol Total Dan LDL Pada Mencit Putih Jantan Hiperkolesterolemia. 2018;10(2).
3. Sihotang HT. Sistem Pakar Mendiagnosa Penyakit Kolesterol Pada Remaja Dengan Metode Certainty Factor (Cf) Berbasis Web. 2014;15(1):16–23.
4. Tahseen M, Tahir M. Additive Effect of *Nigella sativa* and *Zingiber officinale* Herbal Mixture on Performance and Cholesterol Profile in Broilers. 2016;
5. Halim A, Rihiantoro T. Pengaruh Minyak Jinten Hitam (*Negella Sativa*) Terhadap Kadar Glukosa Dan Kolesterol Pada Penderita Diabetes. *J Keperawatan* [Internet]. 2013;IX(2):170–9. Available from: <http://ejurnal.poltekkes-tjk.ac.id/index.php/JKEP/article/view/348/321>
6. Effect T, *Nigella C*, Suplementation VC. Pengaruh penambahan jintan hitam (. 2014;3(4):550–6.
7. Abbas AH. Antihyperglycemic , Antihyperlipidemic Effects of Ethanol Extract of *Nigella Sativa* Seeds in Streptozocin / High Fat Diet Induced Hyperglycemic. 2018;7(3):110–22.
8. Ekstrak Teh Hijau terhadap Penurunan Berat Badan P, Trigliserida dan Kolesterol Total pada Tikus Jantan Galur Wistar Kartika Dewi K. Pengaruh Ekstrak Teh Hijau (*Camellia Sinensis* var. *Assamica*) terhadap Penurunan Berat Badan, Kadar Trigliserida dan Kolesterol Total pada Tikus Jantan Galur Wistar [Internet]. [cited 2019 Feb 3]. Available from: <https://media.neliti.com/media/publications/149509-ID-pengaruh-ekstrak-teh-hijau-camellia-sine.pdf>
9. Universitas Islam Bandung. Fakultas Kedokteran HM, Rahimah SB, Dewi MK. *Global Medical & Health Communication*. Vol. 3, *Global Medical & Health Communication*. 2015. 65–70 p.
10. Suriyamoorthy P, Fathima Mary MR, Subrhamanian H, Kanagasapabathy D. Anti hyperlipidemic effect of aqueous extract of *Aegle marmelos* and *Camellia sinensis* in oil fed hyperlipidemic rats. *Int J Pharm Pharm Sci.* 2014;6(2):338–41.
11. Kolesterol K, Lansia P, Tahun A. memberikan informasi kepada petugas kesehatan mengenai pemberian teh hijau dapat menurunkan kadar kolesterol pada lansia awal . 8(1):1–7.

12. Edition T. Harper ' s Illustrated Biochemistry.
13. Vinay Kumar Abul Abbas Jon Aster. Robbin Basic Pathology - 9th edition.
14. Itakura H, Nakaya N. Long-term event monitoring study of fluvastatin in Japanese patients with hypercholesterolemia: Efficacy and incidence of cardiac and other events in elderly patients (≥ 65 years old). J Cardiol [Internet]. 2011;57(1):77–88. Available from: <http://dx.doi.org/10.1016/j.jjcc.2010.09.003>
15. Mahmood T, Akhtar N, Khan BA. The morphology , characteristics , and medicinal properties of *Camellia sinensis* ' tea. 2010;4(19):2028–33.
16. Islam S. Phytomedicine Effects of the aqueous extract of white tea (*Camellia sinensis*) in a streptozotocin-induced diabetes model of rats. Eur J Integr Med [Internet]. 2011;19(1):25–31. Available from: <http://dx.doi.org/10.1016/j.phymed.2011.06.025>
17. Rijal S. Evaluation of Anti-ulcerogenic Activity in Oil Extract of Jintan Hitam (*Nigella sativa*) Against Ethanol Induced Gastric Ulcer in Mice (*Mus musculus*). Am J Clin Exp Med [Internet]. 2016;4(6):179. Available from: <http://www.sciencepublishinggroup.com/journal/paperinfo?journalid=254&doi=10.11648/j.ajcem.20160406.14>
18. Kooti W, Hasanzadeh-Noohi Z, Sharafi-Ahvazi N, Asadi-Samani M, Ashtary-Larky D. Phytochemistry, pharmacology, and therapeutic uses of black seed (*Nigella sativa*). Chin J Nat Med [Internet]. 2016;14(10):732– 45. Available from: [http://dx.doi.org/10.1016/S1875-5364\(16\)30088-7](http://dx.doi.org/10.1016/S1875-5364(16)30088-7)
19. Puspowardjo I, Ngestiningsih D, Johan A. Pengaruh Pemberian Ekstrak Jintan Hitam (*Nigella Sativa*) Terhadap Kadar Superoxide Dismutase (Sod) Plasma Pada Tikus Sprague. 2016;5(4):791–9. Available from: <http://eprints.undip.ac.id/50621/>
20. Mardisiwi RS, Kurniawati A, Sulistyono E, Pascasarjana S, Pertanian F, Ilmu D, et al. Pertumbuhan dan Produksi Jintan Hitam pada Beberapa Komposisi Media Tanam dan Interval Penyiraman Growth and Production of Black Cumin on Several Media Composition and Watering Interval. 2018;46(April):89–94.
21. Amin B, Hosseinzadeh H. Black Cumin (*Nigella sativa*) and Its Active Constituent, Thymoquinone: An Overview on the Analgesic and Anti-inflammatory Effects. Planta Med. 2016;82(1–2):8–16.
22. Setiawati E, Kurniawati A, Widodo WD, Faridah N. Pertumbuhan Jintan Hitam (*Nigella sativa* L .) pada Tingkat Naungan dan Pemupukan Nitrogen yang Berbeda Growth of Black Cumin (*Nigella sativa* L .) at Different Shading and Nitrogen Rates. 2018;46(2):202–7.
23. Shanmugam MK, Arfuso F, Kumar AP, Wang L, Goh BC, Ahn KS, et al. Modulation of diverse oncogenic transcription factors by thymoquinone, an

- essential oil compound isolated from the seeds of *Nigella sativa* Linn. *Pharmacol Res.* 2018;129:357–64.
24. Tehseen M, Tahir M, Khan RU, Jabbar A, Ahmad B, Ahsan T, et al. Additive effect of *Nigella sativa* and *Zingiber officinale* herbal mixture on performance and cholesterol profile in Broilers. *Philipp Agric Sci.* 2016;99(4):408–13.
 25. Budiarto AA, Wibowo AP, Putri SA, Shabrina NN, Ngestiningsih D, Tjahjono K. Pengaruh Pemberian Ekstrak Rimpang Temulawak (*Curcuma Xanthorrhiza* Roxb .) dan Jintan Hitam (*Nigella Sativa*) terhadap Profil Lipid Tikus Sprague Dawley Dislipidemia Effects of Temulawak (*Curcuma xanthorrhiza* Roxb .) and Black Cumin (*Nigella sativa*). *Mkb.* 2017;49(1):8–14.
 26. Tepper BJ, Banni S, Melis M, Crnjar R, Barbarossa IT. Genetic sensitivity to the bitter taste of 6-n-propylthiouracil (PROP) and its association with physiological mechanisms controlling Body Mass Index (BMI). *Nutrients.* 2014;6(9):3363–81.
 27. Halawiya A, Tatontos EY. TERHADAP KADARKOLESTEROL TOTAL PADA TIKUS PUTIH (*Rattusnorvegicus*) STRAIN WISTAR YANG DIBERI. 2017;4(2).
 28. Iqbal MJ, Butt MS, Nasir Qayyum MM, Rasul Suleria HA. Anti-hypercholesterolemic and anti-hyperglycaemic effects of conventional and supercritical extracts of black cumin (*Nigella sativa*). *Asian Pac J Trop Biomed.* 2017;7(11):1014–22.
 29. Sari IKAP, Nurrochmad A, Setiawan IM. INDONESIAN HERBALS REDUCE CHOLESTEROL LEVELS IN DIET-INDUCED HYPERCHOLESTEROLEMIA THROUGH LIPASE INHIBITION. 2013;11(1):13–20.
 30. Olayinka OL, Awad E, Khalil G, Atunwa SA, Abdullaahi A, Salawu MK, et al. Safety and toxicity of aqueous leaf extracts of *Camellia sinensis* , *Parquetina nigrescens* and *Telfairia occidentalis* in mice. 2018;12(18):208–20.
 31. Sinensis C, Kunze L, Mencit P, Sundari D, Nuratmi B, Winarno MW. Toksisitas akut (ld 50) dan uji gelagat ekstrak daun teh hijau (*camellia sinensis* (linn.) kunze) pada mencit. 2009;XIX:198–203.
 32. Bensiamour-Touati K, Kacimi G, Haffaf E-M, Berdja S, Aouichat-Bouguerra S. In Vivo Subacute Toxicity and Antidiabetic Effect of Aqueous Extract of *Nigella sativa*. *Evidence-Based Complement Altern Med.* 2017;2017:1–13.
 33. Umami SR, Hapizah SS, Fitri R, Hakim A. UJI PENURUNAN KOLESTEROL PADA MENCIT PUTIH (*Mus musculus*) SECARA IN-VIVO MENGGUNAKAN EKSTRAK METANOL UMBI TALAS (*Colocasia esculenta* L) SEBAGAI UPAYA PENCEGAHAN

CARDIOVASCULAR DISEASE. J Pijar Mipa [Internet]. 2016;11(2).

34. Yang L, Wen KS, Ruan X, Zhao YX, Wei F, Wang Q. Response of plant secondary metabolites to environmental factors. *Molecules*. 2018;23(4):1–26.
35. Dewi K. Pengaruh terhadap Penurunan Berat Badan , Kadar Trigliserida dan Kolesterol Total pada Tikus Jantan Galur Wistar.

